

## June Health and Wellness Information



### Get Out the Sunscreen!

Sunscreen works by absorbing the sun's UV rays. UV rays can cause sunburn, premature aging, sunspots, and skin cancer. When choosing a product look for a broad-spectrum product with coverage for both UVA and UVB with the below symbol.



This symbol is used on products with an SPF (Sun Protection Factor) 30 or higher, gentle on the skin and does not block pores. For a list of recognized sunscreens: [Sunscreen - Canadian Dermatology Association](#)

It is important to check the expiry date as the chemicals can breakdown and become less effective; you may burn more easily. Visit [Sun Safety for Every Day - Canadian Dermatology Association](#) for more tips on sun safety.

Did you know some medications can make you more sensitive to the sun? [Sun Safety and Your Medications: What You Need to Know | 360Health](#)

Talk to your PPN Pharmacist!


[Find a Pharmacy](#)

Good news! Your exclusive June offer is now easier to use!

**SAVE NOW with this exclusive offer for Vivanta Preferred Pharmacy Benefits Program members!**

**Get 300 pts**  
when you spend \$50

**Scene**




**Start saving today!**

**Get 300 Scene+ points when you spend \$50 or more in a single transaction.\*** SAVE NOW with this exclusive offer for Vivanta Preferred Pharmacy Benefits Program members.



\*Offer expires June 30, 2026. Valid at participating Sobeys, Safeway, Thrifty Foods, FreshCo, Chalo! FreshCo, Lawtons Drugs or Foodland locations. Not available at IGA Quebec. Coupon must be presented at time of purchase with Scene+ Card. Offer expires after a single use unless otherwise stated and cannot be used in combination with any other spend offers in a single transaction. Minimum spend must be spent in a single transaction and excludes taxes, delivery charges, bill payments, rental fees, gift cards, postal products and services, Western Union products and services, prescriptions, non-prescription pharmacy services, tobacco products, lottery, deposits, environmental charges, liquor, fuel, Tim Horton's, Starbucks, McCafé products and other goods and services which are non discountable or excluded by law. Trademarks of Scene+ Limited Partners Used under license of Sobeys Capital Incorporated.

Your Health News



Your daily medications made easier.



Visit 360 Health Pharmacy to learn more about pharmacy services such as Custom Pill Packages and talk to your PPN pharmacist!

[Visit 360Health](#)

## Member News



### Enjoy the benefits!

Whether you are a direct Vivanta preferred network solution pharmacy customer or in partnership with your primary benefits carrier, you can enjoy the benefits, savings, and rewards as a member of an **Vivanta Preferred Pharmacy Benefits Program!**

**Exclusive June offer:** Preferred pricing/copay coverage on prescriptions filled at Vivanta PPN pharmacies (check with your plan administrator for details).

[Learn More](#)

Vivanta preferred network solution pharmacies include:



To locate a PPN pharmacy near you visit [360healthpharmacy.ca](https://360healthpharmacy.ca)

**vivanta**

bringing pharmacy + health benefits to life

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